

Easter Story Cookies

A HAND-ONS RESURRECTION LESSON

INGREDIENTS

1 cup whole pecans

1 tsp. Vinegar

3 egg whites

Pinch salt

1 cup granulated sugar

EQUIPMENT

Ziploc bag & Wooden spoon

Mixer

Baking sheet & Parchment paper

Tape & Scripture lessons

IMPORTANT NOTES

This hands-on activity is an ***overnight*** recipe. You will begin the cookies and the story before bed and finish the story the next morning- perfect for **Easter Sunday!**

Preheat the oven to 300 degrees. Line a baking sheet with parchment paper. Read the corresponding scripture lesson before each step.

1. Put pecans in ziploc and let the children beat them with a wooden spoon to break them into small pieces.
2. Put 1 teaspoon vinegar in the mixing bowl. Let the children smell the vinegar
3. Add the egg whites to the mixing bowl.
4. Sprinkle a little salt into each child's hand to taste. Brush the rest into the mixing bowl.
5. Add 1 cup sugar.
6. Beat the egg white mixture on high speed for 12-15 minutes until stiff peaks form.
7. Fold in the broken pecans.
8. Drop the meringue by mounds onto the baking sheet.
9. Put the baking sheet into the oven, close the door and turn the oven off. "Seal" the oven with tape.
10. Walk away from the oven to get ready for bed. We are "sad" we have to leave the cookies in the oven overnight.
11. In the morning: open the oven, take out the cookies. Notice the cracked surface and taste a bite. The cookies are hollow!.

Easter Cookie Scripture Lessons

1. After Jesus was arrested, the roman soldiers

beat him. *John 19:1-3* *Then Pilate took Jesus and had him flogged. The soldiers twisted together a crown of thorns and put it on his head. They clothed him in a purple robe and went to him again and again, saying, "Hail, O king of the Jews!" And they struck him in the face.*

2. As he hung on the cross, Jesus was thirsty.

The guards held up a sponge soaked in vinegar

for him to drink. *John 19:28-30* *Jesus said, "I am thirsty". A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus' lips. When he had received the drink, Jesus said, "It is finished."*

3. Jesus offered up his life to give us eternal

life. *John 19:30* *With that, he bowed his head and gave up his spirit. *John 10:7-11* *Therefore Jesus said again, "I tell you the truth, I am the gate for the sheep. All who ever came before me were thieves and robbers, but the sheep did not listen to them. I am the gate; whoever enters through me will be saved. He will come in and go out, and find pasture. The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full".**

4. Salt represents the tears shed by Jesus' disciples when he was crucified, and the bitterness of our own sins. *Luke 23:26-28* As they led him away, they seized Simon from Cyrene, who was on his way in from the country, and put the cross on him and made him carry it behind Jesus. A large number of people followed him, including women who mourned and wailed for him. Jesus turned and said to them, "Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children."

5. Jesus died because He loves us, and wants us to know Him and belong to Him. *John 3:16* For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

6. The color white represents purity. In God's eyes we are pure when our sins are cleansed by Jesus. *Isaiah 1:18* Come now, let us reason together," says the Lord. "Though your sins are like scarlet, they shall be as white as snow; though are red as crimson, they shall be like wool."

7. Jesus' body was beaten and pierced as he hung on the cross. *John 19: 31-34* Because the Jews did not want the bodies left on the crosses during the Sabbath, they asked Pilate to have the legs broken and the bodies taken down. The soldiers therefore came and broke the legs of the first man who had been crucified with Jesus, and then those of the other. But when they came to Jesus and found that he was already dead, they did not break his legs. Instead, one of the soldiers pierced Jesus' side with a spear, bringing a sudden flow of blood and water.

8. Each mound represents the rocky tomb where Jesus' body was laid. *Matthew 27:57-60* As evening approached, there came a rich man from Arimathea, named Joseph, who had himself become a disciple of Jesus. Going to Pilate, he asked for Jesus' body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock.

9. Jesus' tomb was sealed with a large stone or boulder. *Matthew 27: 65-66* He rolled a big stone in front of the entrance to the tomb and went away.

10. Jesus' disciples were sad and in despair when the tomb was sealed. *Matthew 27: 61*

Mary Magdalene and the other Mary were sitting there across from the tomb. John 16:19-20 In a little while you will see me no more, and then after a little while you will see me; I tell you the truth, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy."

11. On the first Easter, Jesus' disciples were amazed to find the tomb open and empty.

Luke 24: 1-6 On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here; he is risen!"